

SOPHIA ALDEN

CONTACT

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- Fashion Film

EDUCATION

BA (HONS), FASHION DESIGN

IED, Barcelona, Spain (validated by University of Westminster, UK)
2021-2024

FASHION FOUNDATION COURSE

IED, Barcelona, Spain
2020-2021

BA (HONS), PSYCHOLOGY AND ENGLISH LITERATURE

Varsity College, Cape Town, South Africa
2018-2020 (Incomplete due to Covid)

BRITISH A-LEVELS

Peponi School, Nairobi, Kenya
2013-2016

SKILLS

- Adobe Illustrator, Photoshop, InDesign and Lightroom
- Microsoft Word, Excel and PowerPoint
- Hand and digital textile manipulations and print designs
- Sewing, pattern making and draping
- Illustrations and sketching
- Digital flat drawings and tech sheets
- CLO3D

LANGUAGES

English: Native/ Fluent
French: Native/ Fluent
Spanish: Fluent
Italian: Conversational

KEY ACHIEVEMENTS

- Graduate collection published in OFF TOWN Magazine, issued by: OFF TOWN, [#45 Vol. 11](#)
August, 2024

ABOUT ME

Passionate and dedicated fashion design graduate from IED Barcelona with expertise in designing, fabric manipulation, printmaking, and pattern making. Skilled in writing, set design, and photography, complemented by a strong academic background in Psychology and English Literature. Fluent in English, Spanish, and French, and experienced in multicultural environments across Kenya, South Africa, and Spain. Known for bringing creativity, innovation, and a collaborative spirit to projects, I am eager to further my career in the fashion industry and explore related fields.

WORK EXPERIENCE

SET DESIGN ASSISTANT

Foc Tot, June 2024, Barcelona, Spain

- Co-designed and installed the set for a live performance fashion show, aligning aesthetics with the show's theme and ensuring smooth transitions.

FASHION DESIGN INTERNSHIP

Florentina Leitner, May- September 2023, Antwerp, Belgium

- Collaborated on the design and production process of Florentina's [SS24 collection](#) exhibited in Paris Fashion Week 2023. Including laser cutting, 3D printing, pattern making, grading, screen-printing, collaging, styling and printmaking.
- Assisted with fabric shopping, sales and invoicing.
- Backstage assistant at the Royal Academy of Fine Arts of Antwerp end of year fashion [show](#) and expo.
- Set design assistant to Jens Burez for a fashion [photoshoot set](#).

FOUNDER

Kaskazi Clothing, March- August 2020, Cape Town, South Africa

- Created a successful online vintage shop, sourced and marketed vintage clothing all over South Africa, handled all the finances, styling and online creative design.

MODEL & CREATIVE DIRECTION

Osokoni Jewellery, April- March 2017, Nairobi, Kenya

- Focused on modelling, creative direction and set design.

ADVERTISING INTERNSHIP

F.BIZ Advertising Agency, July- September 2014, São Paulo, Brazil,

- Collaborated with the creative team on client accounts, such as Unilever, supporting customer relationships and advertising.

VOLUNTEERING

2010-2020

- Ikhaya Le Themba school, Cape Town, South Africa: Teaching assistant and carer
- Domestic Animal Rescue Group, Cape Town, South Africa: Administrative assistant and animal carer
- P.A.K. (Positive Action Kenya), Nairobi, Kenya: Fundraiser, support worker, administrative assistant
- Cancer Care Kenya, Nairobi, Kenya: Carer for terminally ill patients
- Anidan Orphanage, Lamu, Kenya: Carer and art and jewellery teaching assistant
- Nyumbani Orphanage, Nairobi, Kenya: Helped educate, care for and support HIV positive children
- Senior Friends, Bath, U.K.: Cared for senior citizens, organised and held functions