

# ANNA RINGSTAD



## contact

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## education

Oslo National Academy of the Arts  
*BA Clothing and Costumedesign*  
(2022-2025)

MoMA  
*Fashion as Design*  
(2025)

Høyskolen Kristiania  
*CLO3D for the textile industry*  
(2024)

OsloMet  
*Fashion and Production*  
(2021-2022)

## employment history

Pearl Octopuss.y, Oslo  
*managing wholesale & assisting in-house production* (2025- )

Co-founder and co-editor  
TEKST1 (2023 -)

Columnist  
Paragone & Argument (2023 - 2025)

Freelance designer, consulting and production  
(2022 -)

Louise Lyngh Bjerregaard, Paris  
*Knitwear Design Internship* (2024)

International Library of Fashion Research, Oslo  
*Librarian Internship* (2023)

## references

Ida Falck Øien  
*Associate professor in Clothing and Costumedesign*  
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## profile

Anna Ringstad is a Paris- and Oslo-based designer and writer, working at the intersection of fashion, cultural research and visual storytelling. With a background in costume and clothing design, she brings a research-driven and highly detail-oriented approach to creative projects. Her practice explores the socio-cultural dimensions of fashion, drawing on anthropological curiosity and cultural aspects beyond fashion itself as inspiration. She is particularly drawn to archival processes and visual documentation as methods of preserving and interpreting contemporary aesthetics.

## works

Group exhibition "ARTWEAR - *What is the future of fashion?*" during at SORGENFRI during Oslo Runway.

Sewing assistant for Lotte Konow Lund, *Det hun sa* (KODE, Bergen)

Red-carpet looks for Lea Myren and Flo Fagerli during *Sundance* and *Berlinale* in occasion of *The Ugly Stepsister*, directed by Emilie Blinckfeldt

Pop-up exhibition/shop at Salgshallen, Oslo

Knitwear design development and production for *Louise Lyngh Bjerregaard AW24/25* collection shown during Paris Couture Week

Assisted in producing and setting up for the exhibition *Liminal Objects - Contemporary Critical Fashion*, Le Bicolore (Maison du Danemark, Paris)

Co-designer and creative director for *Oslo Trend Report 2023*, a collection and fashion show held at *Steen & Strøm* with a following showroom. An interdisciplinary collaboration project started by three first-year students at BA Clothing and Costumedesign (KHIO).

Performance and exhibition of the work *Garment Bag #1* at *Sorgenfri*

Creative director, accountant and co-performer for the *JOIN - collaborative clothes-performance* held at the 20-year-anniversary of *Norwegian Crafts*.