

Sara Howard

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Key Skills

- Investigating industrial waste streams and materials for sustainable solutions.
- Understanding the circular economy and how to apply principles to production.
- Communicating with a range of people including vulnerable and Neurodiverse individuals.
- Leading and working with a team
- Highly motivated and punctual
- Software skills including; 3D design software rhino, illustrator, photoshop.

Education

- 2016-2020:** Central Saint Martins:
- BA(Hons) Ceramic Design
- Distinction in Foundation Diploma. Specialising in Product Design and Ceramics
- 2009-2016:** Wimbledon High School
- Achieved three A Levels in Art (A), Biology (C) and Psychology (C)
- Achieved four AS Levels Art (A), Biology (D), Maths (B) and Psychology (C)
- Achieved 10 GCSE's, grades A* to B

Industry Experience

- 2019:** **Wedgwood Internship.**
- *Assigned a design brief and developed a sustainable product range made from the factories waste materials over a month at Wedgwood in Stoke-on-Trent.*
- *Worked closely with the design team and factory workers to refine manufacturing process for the new product range.*
- 2019:** **Simon Stevens Designs Internship**
- *Designed new products for the Loveramics Gin Bottle range.*
- *Developed CAD skills and 3D printing.*
- 2018-2020:** **Ceramics Education Assistant at Camden Arts Centre**
- *Working with Artists to deliver ceramic workshops for children, young people and families.*
- *Working with children with special needs.*

2019-2020: Great Ormond Street Hospital Arts Programme

- *Visiting children on their wards to carry out one to one creative workshops.*
- *Working with children of all ages with a range of special needs.*

2018-2019: Assistant at Ceramic Art London

- *Helped ninety-one ceramic artists transport and set up and dismantle their stands as well as assisting with departures.*
- *Working closely with the Artists throughout the three-day event.*
- *Involved in managing and organising the public. Dealing with tickets, special requests and crowd control.*

2017: Volunteer at Tate 'All fired up' Exhibition

- *Taught the public how to slip-cast and make bone china flowers.*
- *Interaction with a range of ages, delivering a wide range of ceramic knowledge.*

Further Experience

2016-2020: At Your Service

- *Work at high profile events, including dinner services, retail and bar work.*
- *Head waitress at events, managing staff and working closely with the client.*

2017-2020: President and Secretary for University of the Arts London Netball

- *Organise over 80 students training, matches and social events.*
- *Working closely with the coach and Student union to run the sessions.*
- *Organise and contact umpires for all home matches.*
- *Provide support for teams to, during and after matches.*

2012-2019: Wimbledon Ball Girl and Court Attendant

- *Ball girl at The Wimbledon Tennis Championships for four years.*
- *Court attendant supervisor for three years at The Wimbledon Tennis Championships. Including the qualifying tournament held at Bank of England and other tournaments at Wimbledon.*
- *Ensured courts were covered and uncovered as directed, working closely with ground staff crew and team.*

2001-2018: Competitive Tennis and Netball Player

- *Competed in the HSBC Road to Wimbledon national tennis tournament in 2012.*
- *Represented David Lloyd Raynes Park club in the AEGON tennis Championships as no.1 seed.*
- *Middlesex county tennis and netball player*
- *Represent my university in the Netball 1st team.*

- Represented Wimbledon High School in the 1st team and in national netball tournaments for 7 years.

2011–2015: Tennis and Netball Coach

- Coached junior tennis players at David Lloyd Leisure, Raynes Park.
- Coached Year 7 to 10 students at Wimbledon High School both tennis and netball.
- Prepare lessons in advance and led sessions for up to 40 pupils.
- Provide support for teams to, during and after matches.

Voluntary Work

2020: Covid-19 Crisis Response Volunteer at Charing Cross Hospital

- Working on the front line to distribute food and PPE to doctors and nurses on the wards.
- Received the 'Aspirational Award' for my compassionate and hard work at the hospital.

2018: Volunteer for Help Refugees in Calais, France

- Worked at the warehouse sorting public donations, fixing tents, sewing damaged clothes and fixing shoes.
- Worked in the kitchen preparing food for the refugees.
- Worked in the woodyard chopping and sorting wood to be used as firewood.
- Distributed food and donations to the refugees.

2015-2016: Shelter

- Volunteered at Shelter, the housing and homelessness charity.
- Received training and experience of working in a retail environment.
- Cleaned, tagged, labelled and sorted items to sell.

Achievements

2020: Winner of WantedDesign 'Conscious Design' Award, for the sustainable solution category.

Exhibitions

2018: 'The Silent Process', exhibited at Pangolin Gallery, King's Cross.

2017-2018: 'The Silent Process', exhibited at York Art Gallery, Centre of Ceramic Art.

2017: Series of tableware exhibited at Pangolin Gallery, King's Cross.

2020: '100%', exhibited at OXO Gallery, in the Tankers and Pumpers charity auction.